






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Strength Tr 1 10:00 Wii Bowling 10:15 Card games 11:45 Today's News	2 Visit Emmitsburg Senior Center 11:30 Lunch Out with Friends	3 9:00 Strength Tr 10:00 Wii Bowling 10:30 What's Cooking? 11:00 Library 12:00 Birthday cake 1:00 Local Shop	4 10:00 – 2:00 Wal-Mart Shopping Charlestown, WV	5 AARP Income Tax Assistance on Mondays beginning February 8, please call to schedule an appointment 301-834-8115 
Strength Training 6 Classes ~Held at the Brunswick City Party. Drop-ins welcome, first class FREE	7 Center Open for Tax Appointments only	8 9:00 Strength Tr 10:00 Wii Bowling 10:15 Rummy 11:45 Church Lunch 1:00 Trivia & word games 5:30 Card Party	9 10:00 Card Games 10:30 Nurse Steve "Why do I have so much trouble sleeping?" 12:45 B INGO	10 9:00 Strength Tr 10:00 Wii Bowling 11:00 Library 1:00 Local Shop	11 10:00 Card Games 10:30 Wii 11:00 Coloring Pages 12:45 Candy Bar Bingo	12 
 13 Daylight Saving Time Begins	14 Center Open for Tax Appointments only	15 9:00 Strength Tr 10:00 Wii Bowling 10:15 Rummy 11:45 Today's News 5:00 BINGO Party	16 10:00 Card Games 11:00 Word Games 12:00 Chef's Choice Lunch 12:45 BINGO	17 9:00 Strength Tr 10:00 Wii Bowling 10:30 What's Cooking? 12:00 Special St. Patrick's Day Lunch St. Patrick's Day	18 10:00 Card Games 10:30 Wii 11:00 Word Games 1:00 Wheel of Fortune	19 Department of Aging trips for MARCH: 3/11–US Army Heritage Center 3/18 –Fire Museum of Maryland
Brunswick Senior Center "Where the finest people meet" Spring Begins Palm Sunday	21 Center Open for Tax Appointments only	22 9:00 Strength Tr 10:00 Wii Bowling 10:15 Rummy 11:00 Personal Safety 12:00 Special Meal 5:30 Card Party	23 10:00 Card Games 11:45 Nutrition Minute 12:00 Baked Potato Bar 12:45 BINGO	24 9:00 Strength Tr 10:00 Wii Bowling 10:30 What's Cooking? 11:00 Library 1:00 Local Shop	25 10:00 Card Games 10:30 Wii 11:00 Coloring Pages 1:00 Phase 10 Dice Game Good Friday	26 For reservations or more details about trips please see trip flyer or call for more details 301-600-1605
 27 Easter Sunday	28 Center Open for Tax Appointments only	29 9:00 Strength Tr 10:00 Wii Bowling 10:15 Rummy Today's News	30 10:00 Card Games 10:30 Self-Check Blood Pressure 5 th Wednesday 12:45 FREE BLOTTER BINGO	31 9:00 Strength Tr 10:00 Wii Bowling 10:30 What's Cooking	What's Cooking?: Thursday March 3 Celery Soup Thursday March 17 Leprechaun Dessert Thursday March 24 Oatmeal Pecan Cookies Thursday March 31 Garlic Dip	